

Frequently Asked Questions Relating to Dopplex Ability

GUIDANCE FOR RELIABLE PERFORMANCE

The Ability uses very small pressure signals from the cuffs to calculate the systolic pressures. The following list should be adhered to and will help to produce reliable results:

- Mobile phones, Blackberry's etc, must be at least one metre away from the unit.
- The patient must lie supine, be relaxed and remain perfectly still.
- The patient must have an explanation of what to expect (i.e. the arm and ankle cuffs will go tight and the total test will only take about 3 minutes).
- The operator must not talk to the patient – this always prompts responses from the patient.
- The patient's arms must be supported by the couch.
- The patient must not be pushed up against a wall.
- The arm cuffs should not be pulled in tightly against the body.
- The operator must not touch the cuffs or knock the tubing during test
- The cuffs must have the correct tension – a snug fit (taught but not tight)
- The arm sense chamber must be located just below the elbow on the largest diameter part of the forearm.
- Check that the clothing is not too thick. The cuffs can be applied over thin shirts and socks or tights.
- The patients heels must be supported on the couch and not overhanging the end.
- When performing repeat tests on the same patient, allow at least five minutes for stabilisation between tests.

WHY DOES THE UNIT NOT WORK ON ALL PATIENTS?

This is because some patients have very high or low pressures, very oedematous limbs or keep moving and cannot keep still.

The patient **MUST** keep still and not talk, cough or laugh. The cuffs or tubing **MUST NOT** be touched during the test. Always explain the procedure to the patient and add that the cuffs will go tight on the arms and then the legs. In the case of an error, ('cannot measure'), a retest is suggested or a Doppler exam is recommended. Often, the patient is more relaxed on the retest and a result is then produced.

The Ability should not be used on the following patient groups with:

- Parkinson's disease
- Severe PAD with ankle pressures below 60mmHg
- Lymphoedema
- Any condition that prevents both arm pressures being measured e.g. post mastectomy
- Very oedematous limbs

Patients with the following conditions may produce results which are out of range and will be shown by '---'

- Calcified arteries i.e. systolic ankle pressures above 205mmHg
- Hypertension
- Arm pressures less than 80mmHg or greater than 230mmHg

WHY DO SOME RESULTS HAVE A QUESTION MARK?

If results are obtained with a question mark "?", it indicates that a degree of noise corruption has occurred. In which case, results should be confirmed by observing the PVR waveform and other clinical signs and symptoms.

WHAT IS SUGGESTED TO USE IF THERE IS AN ULCER/WOUND PRESENT?

A suitable dressing should be applied to the wound and the Infection Control Barrier Sleeve (ICBS) provided should be placed over the leg prior to the cuff placement.

Always use the ICBS on patients with any type of skin condition or on every patient to eliminate the need to clean the cuffs.

HOW ARE THE CUFFS CLEANED?

They should be wiped down using a neutral detergent or soap powder at 40°C. Then wipe with 70% isopropyl alcohol wipe or a chlorine releasing agent at 1000ppm available chlorine. Rinse with clean water to remove residue and dry thoroughly. Always use the ICBS on every patient to eliminate the need to clean the cuffs.

HOW DOES THE ABILITY CALCULATE THE ABI'S?

The Ability measures systolic pressures on all four limbs and then calculates the ABI's as follows:

$$\text{Left ABI} = \frac{\text{Left ankle pressure}}{\text{Highest arm pressure}}$$

$$\text{Right ABI} = \frac{\text{Right ankle pressure}}{\text{Highest arm pressure}}$$

This is the method recommended in all UK, European and Transatlantic guidelines.

HOW MANY INFECTION CONTROL BARRIER SLEEVES (ICBS) ARE SUPPLIED WITH THE MAIN UNIT?

A box of 100 sleeves is supplied with each unit. Product Number ACC-VAS-016.

WILL THE ABILITY REPLACE MY DOPPLER?

No. The Ability can be used on most patients but some will require a more in depth assessment using Doppler and waveform analysis, or toe pressures and Pulse Volume Waveforms.

The Ability unit should be used as the first line ABI assessment tool and will work on most patients. This ensures that the majority of patients can now have a rapid ABI and then patients with PAD or those that cannot be measured should have a Doppler ABI and waveforms recorded.

WHAT ARE THE GUIDELINES ON PAD?

Recently published guidelines from ESC (2011), TASC2 (2006) and ACCF/AHA (2011) all state that the first line assessment tool for patients suspected of PAD is the ABI, and the second line assessment is Doppler waveform recordings, toe pressures or Pulse Volume Recordings.

The Ability printout shows ABIs and PVR waveforms, the first and second line tests for PAD.

WHAT DOES THE WAVEFORM INDICATE?

The PVR waveform provides additional information about the pressure pulse at the ankle. This waveform will help in the case of calcified arteries or when an ABI > 1.4. An application note describing normal and abnormal waveforms is available (771617).

The PVR waveform is now recommended as the second line test for PAD, following an abnormal ABI or incompressible arteries. These recommendations are in the guidelines from TASCII (2006) and ESC (2011).

WHAT IS THE DIFFERENCE BETWEEN THE ABILITY AND AN OSCILLOMETRIC DEVICE?

Ability uses an innovative dual chamber cuff to measure more reliably the systolic pressures in the ankles and is NOT based on oscillometric technology. It works on the basis of volume plethysmography and uses the distal chamber on each cuff to detect the changing volume of the limb to measure the systolic pressures.

Oscillometric devices are based on NIBP technology and were developed for the arm measurements. They have not been able to produce good results on the ankles and therefore are not very reliable in measuring ABIs. It is not clear as to which vessel the systolic pressure is measured in the ankle.

IN MY HOSPITAL, WE CALCULATE THE ABI USING THE LOWEST PRESSURES. CAN THIS BE DONE BY THE ABILITY?

No. The Ability measures the highest systolic pressure of all three arteries in the ankle. If the lowest systolic pressure in the ankle is required, a Doppler should be used.

HOW DOES THE ABILITY MEASURE THE HIGHEST SYSTOLIC PRESSURE?

The Ability measures the systolic pressures in all 3 arteries in the ankle and reports the highest of 3. It does this by inflating the occlusion chamber over systolic pressure and then deflating this chamber while measuring the volume change in the distal (sense) chamber. The point at which the volume in the sense chamber increases is the systolic pressure.

The vessel with the highest systolic pressure will start to increase the volume in the foot first. The other vessels will then contribute when the occlusion chamber drops to their systolic pressure. This way, because of physiology, we measure the highest systolic pressure reading of all 3 vessels in the ankle.

SURELY THIS DEVICE IS NO GOOD FOR DIABETICS AS TOE PRESSURES ARE REQUIRED?

Not all diabetics have calcified arteries and the Ability can be used on these patients. The PVR waveform should also provide evidence of the presence of PAD when results are 'normal' or 'false high'.

WHAT ARE THE CONTRA-INDICATIONS FOR USE?

The contra-indications for use are listed in the user manual and are:

- Suspected or presence of a DVT
- severe congestive cardiac failure or similar condition
- gangrene
- recent skin graft
- untreated leg or foot wounds
- dermatitis
- Cellulitis
- Anybody under 18yrs of age
- Management of pulmonary hypertension
- Patients who cannot remain still or flat
- Severe hypertension
- Parkinsons Disease
- Severe PAD (ankle systolic pressure less than 60 mmHg)
- Lymphoedema
- Very oedematous limbs
- Any condition that prevents both arm pressures being measured e.g. mastectomy

HOW LONG DOES THE BATTERY LAST FROM FULL CHARGE ?

It will allow 10-15 tests to be undertaken on a full charge.

IF THE UNIT IS USED BY CLINICAL SUPPORT STAFF, WHO BECOMES LIABLE FOR THE RESULTS ?

The clinician responsible for the patient is liable for the results and they should always review the Ability results together with the clinical signs, symptoms and history of the patient. Any ABI, whether with Ability or Doppler, should be part of a holistic approach to the assessment.

CAN THE SYSTEM BE USED ON PATIENTS WITH ONLY ONE ARM?

No. In this case a Doppler ABI should be undertaken. To maintain its simplicity of use, only patients with a lower limb amputation can be measured.

WHAT PAPER TYPE IS SUPPLIED WITH THE UNIT?

One roll of plain paper and one roll of adhesive backed label paper are supplied with the unit. Paper can be reordered in packs of 5 rolls using the following order codes:

- Standard plain paper (pack of 5)
(approx 55 printouts with waveforms/roll) **ACC-VAS-017**
- Adhesive backed label paper (pack of 5)
(approx 55 printouts with waveforms/roll) **ACC-VAS-019**

WHY SHOULD I REGISTER THE UNIT WITH HUNTLEIGH?

We add your name and email address to our database so that we can notify you when software upgrades are available. These can be accomplished through our website.

WHAT ARE THE MAXIMUM AND MINIMUM PRESSURES THAT THE ABILITY CAN MEASURE?

The Ability can measure arm systolic pressures in the range 80-220mmHg and leg systolic pressures in the range 55-205mmHg.

WHAT ARE THE MAXIMUM PRESSURES APPLIED TO THE PATIENT?

The maximum pressure applied to the arms and ankles is 230mmHg. However, if the patient has an ankle systolic pressure of less than 160mmHg then the maximum ankle pressure applied is 180mmHg.

WHAT IS THE ACCURACY OF THE BLOOD PRESSURE MEASUREMENT?

The accuracy of the blood pressure measurement has not been measured. Instead we have compared the ABI values from Ability with those of Doppler. This comparison is shown as a correlation and agreement, because Doppler has high variability in its results. These agreements are described in the clinical evidence brochure.

WHY DO I NEED TO PURCHASE A FIXING PLATE?

A fixing plate is required to mount the Ability unit onto either the pole stand (trolley) or wall bracket. It is a separate accessory because it adds weight and cost to a unit and is not required if the Ability is only going to be used in the carry bag.

WHAT IS THE USB CONNECTOR USED FOR?

The USB connector on the rear of the unit can be used for firmware upgrades and transferring data to a PC (when Huntleigh's Dopplex Reporter 4 is available). Firmware upgrades are available from our Sharefile website.

A standard USB to mini USB cable is supplied.

The USB is electrically isolated, for safety reasons, and is not compatible with memory sticks etc.

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